

PROCLAMATION

May 2024: Mental Health Awareness Month

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions;
and

WHEREAS, with early and effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, Community Healthcore is the local mental health authority assisting residents in nine East Texas counties including Upshur County; and

WHEREAS, Community Healthcore provides 24 hours / 7 days a week crisis hotline, mental health outpatient services, skills training, and support services for children and adults; and

WHEREAS, Community Healthcore served 941 Upshur County residents in fiscal year 2023; and

THEREFORE, I Judge Todd Tefteller, do hereby proclaim May 2024 as Mental Health Awareness Month in Upshur County. I also call upon the citizens, government agencies, public and private institutions, businesses, and schools in Upshur County to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses.

Signed this 15 day of MAY, 2024



Todd Tefteller
Upshur County Judge

Attest:

